



Designed for **comfort** and **ease-of-use**

sizing & reusable



Three sizes to choose from:

SMALL

for light days or to protect against discharge

MEDIUM

for your average flow days

LARGE

for the heavy flow days or night protection

folding & storage



You merely unfold the DIA pad, wrap the wings around your well-fitting panty gusset and, when it is time to change, fold it into the pocket of the pad for easy and discreet storage.

There is also a leak-proof pouch to keep a single pad discreetly in your bag.

care instructions



Cold hand wash or machine wash DIA pads (30°C) as blood sets at high temperatures. We recommend you rinse the soiled pad in COLD water as soon as possible. Rub the pad GENTLY with a mild laundry bar soap, and ideally soak overnight or at least one hour in COLD water before the final wash. You can add distilled white vinegar to the rinse water to sterilize and soften the fabric. If washing by hand, it helps to roll the pads in a towel to remove excess water. This helps the pads to dry faster. Reshape and line dry but do not store damp. Do not tumble dry, and do not iron.

